

NORTH DEVON A.C. YOUNG ATHLETES MEETING - SUNDAY 29th APRIL 2018 - TIMETABLE OF EVENTS

TIME	EVENT	AGE GROUP		TIME	EVENT	AGE GROUP	
11:00	75 metres Heats	U10 BG / U11 BG	Track Numbers must be worn on both back and front of vests using 4 safety pins Starting blocks permitted in FINALS ONLY Fastest SIX ONLY qualify for Track Finals 3 attempts permitted in Field events except High J Please note starting heights in High Jump ONLY 7m/9m take-off boards in Triple Jump All results will be published in the Clubhouse	11:00	Shot Putt	U14/15G 3k U14/15B 4k	
11:25	100 metres Heats	U12/13/14/15 BG		11:00	High Jump	U12G/U12B (Start height 1.05m)	
11:50	600 metres Finals	U10/11G U10/11B		11:30	Long Jump (Pit 1)	U14G/U15G	
12:10	800 metres Finals	U12B/G U13B/G U14 B/G U15 B/G		11:30	Long Jump (Pit 2)	U12/13G (400g) U12/13B (400g)	
12:30	75m Finals	U10 BG / U11 BG		11:30	Long Jump (Pit 1)	U10G/U11G	
12:45	100 metres Finals	U12/13/14/15 BG		11:45	High Jump	U12G/U13G	
13:05	300 metres Heats	U14B/G U15B/G		11:45	High Jump	U13G/U13B (Start height 1.00m)	
13:20	TRACK BREAK	PRESENTATIONS FOR AM FINALS		12:00	Discus (East end)	U14/15G (1k) U14/15B (1.25k)	
14:10	150 metres Heats	U10B/G U11B/G		12:30	Vortex Throw	U10B/U11B (East end)	
14:25	200 metres Heats	U12B/G U13B/G		13:20	High Jump	U14B/U15B (Start Height 1.10m)	
14:55	1500 metres Finals	U12B/G U13B/G U14B/G U15B/G		14:00	Vortex Throw	U10G/U11G	
15:25	50m Hurdles	U10B/G U11B/G (60cms/6.5m apart)		14:00	Long Jump (Pit 1)	U14B/U15B	
	70m Hurdles	U12G U13G (68.5cms/7m apart)		14:15	Shot Putt	U10B/U11B (2.72k) U10G/U11G	
	75m Hurdles	U14G U15G U12B U13B (76.2cms/7.5m apart)		14:30	Long Jump (Pit 2)	U10B/U11B	
	80m Hurdles	U14B U15B (84cms/8m apart)		14:30	High Jump	U14G/U15G (Start height 1.10m)	
15:50	150 metres Finals	U10B/G U11B/G		15:30	Long Jump (Pit 1)	U12B/U13B	
16:05	200 metres Finals	U12B/G U13B/G		15:30	Shot Putt	U12G/U13G (2.72k)	
16:35	300 metres Finals	U14B/G U15B/G		15:30	Shot Putt	U12B/U13B (3.25k)	
16:45	Relays 5 x 80m	U10 with U11		16:15	Triple Jump (Pit 1)	U14B/G U15B/G	
	Relays 4 x 100m	U12 with U13 U14 with U15		16:15	Javelin (West end)	U14G/U15G 500g U14B/U15B 600g	
	Relay teams can be made up from two age groups						
	Age group team can be mixed gender and clubs/schools						
	PRESENTATIONS FOR PM FINALS						
PLEASE NOTE: Athletes must be a minimum of 8 years on the day of competition							

