

# GLIDDON & SQUIRE NORTH DEVON CROSS COUNTRY LEAGUE

Sponsors: Gliddon & Squire Garden Services, Pottington Industrial Estate, Barnstaple

Sun 17<sup>th</sup> October 2021 – NORTHAM BURROWS, WESTWARD HO! (By kind permission of Torrridge District Council)

Hosted by North Devon AC

Please note:  
Torrridge Council charge of  
£5 per vehicle to park on  
Northam Burrows until 31<sup>st</sup>  
October

FURTHER CAR PARKING

REFRESHMENTS FOR SALE AT  
PEBBLERIDGE CAFÉ BY THE  
SURF SCHOOL & THE SLIPWAY  
WESTWARD HO! (200metres  
eastwards along beach)

WESTWARD RACE HQ

G&S RACE HQ

CAR PARKING

CAR PARKING

CAR PARKING

TOILETS

FINISH

START

A

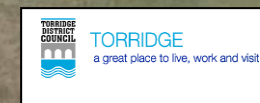
B

F

C

D

E



PLEASE NOTE: NORTHAM BURROWS COUNTRY PARK IS A PUBLIC OPEN SPACE - PLEASE RESPECT OTHER USERS AT ALL TIMES  
PEDESTRIANS HAVE RIGHT OF WAY OVER ALL BRIDGES

LONG LAP = 2200 metres START-A-B-C-D-E-F-FINISH    SHORT LAP = 1600 metres START A-B-C-D-E-FINISH  
 10:00am G&S League ONLY - UNDER 9 GIRLS RACE: 1 x SHORT LAP (1600 metres) START-A-B-C-D-F-FINISH  
 10:10am G&S League ONLY - UNDER 9 BOYS RACE: 1 x SHORT LAP (1600 metres) START-A-B-C-D-F-FINISH  
 10:20am UNDER 11 GIRLS: 1 x LONG LAP (2200 metres) START-A-B-C-D-E-F-FINISH  
 10:35am UNDER 11 BOYS RACE: 1 x LONG LAP (2200 metres) START-A-B-C-D-E-F-FINISH  
 10:50am UNDER 13 GIRLS RACE: 2 SHORT LAPS (3200 metres) 2 x START-A-B-C-D-F-FINISH  
 11:10pm UNDER 15 GIRLS and UNDER 13 BOYS RACE: 1 x SHORT LAP + 1 x LONG LAP (3800 metres) START-A-B-C-D-F-A-B-C-D-E-F-FINISH  
 11:30pm UNDER 15 BOYS RACE & UNDER 17/20 WOMEN & SENIOR WOMEN: 2 x LONG LAPS (4400 metres) 2 x START-A-B-C-D-E-F-FINISH  
 11:50am UNDER 17/20 MEN and SENIOR MENS RACE: 1 x SHORT + 2 x LONG LAPS (6000 metres) A-B-C-D-F + 2x(A-B-C-D-E-F)-FINISH

Gliddon & Squire League: [www.northdevonxcleague.weebly.com](http://www.northdevonxcleague.weebly.com)

**PLEASE NOTE:** The league organisers recommend visitors adopt a voluntary one way traffic management system entering Northam Burrows from the south along via Avon Lane and Pebbleridge Road and leaving by the northeast entrance along Sandymere Road through the Royal North Devon golf links. Refreshments will be available in the Café.  
 This venue is in a very exposed, low lying position next to the Atlantic ocean and subject to wet and windy weather - all visitors are advised to bring appropriate warm and waterproof clothing.