**NDAC SUMMER FIXTURES 2019 HOME MATCHES SHOWN IN RED**

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| **Date** | **Event** | **Venue** | **Age Groups** |
| **MARCH** |  |  |  |
| Tuesday 26th | Exeter Open | Exeter | Entries on the night |
| Sunday 31st | Spring Open | Bournemouth | Pre entry |
| **APRIL** |  |  |  |
| Saturday 6th | Spring Warm up | Par |  |
| Sunday 7th | Spring Warm up | Plymouth | Entries on Day |
| Sunday 14th | Ken Trickey | Exeter | U11Upwards Pre entry |
| Saturday 20th | Bill Whistlecroft Spring Open Day 1 hurdles steeplechase heavy throws | Yeovil | Pre entry |
| Sunday 21st | Bill Whistlecroft Spring Open | Yeovil | Pre entry |
| Tuesday 30th | Exeter Open & BMC | Exeter | Pre entry BMC only |
| **Saturday 27th** | **UK Lower YDL 1** | **Braunton** | **U13/U15** |
| Sunday 28th | Devon Open | Plymouth | Entries on Day |
|  | Somerset Schools Combined Events | Yeovil | Includes Guests |
| **MAY** |  |  |  |
| Saturday 4th | BMC Classic | Millfield | Pre Entry 800m, 1500, 3000m |
| Sunday 5th | SWAL Cup | Yeovil | U13 upwards |  |  |  |
| Monday 6th | Brewer Games Open Meeting | Cheltenham | Pre entry TBC |
| Sunday 12th | Devon T & F Champs | Exeter | U13 to seniors-pre entry |
| Saturday 18th | UKA Lower YDL 2 | Worcester | U13/U15 |
| Sunday 19th | Devon Schools Combined Events | Exeter | U13 to seniors-pre entry |
| Tuesday 28th | Exeter Open & BMC | Exeter | Pre entry BMC only |
| **JUNE** |  |  |  |
| Sunday 2nd | SWAL 1 | Exeter | Composite Teams |
| Saturday 8th | Devon Schools | Exeter | By selection |
| **Sunday 9th** | **Devon Open** | **Braunton** | **Entry on day** |
| Sunday 15th | SW Schools Champs | Exeter | By Selection |
| Saturday15th &Suday16th | England U20/U23 Champs | Bedford (2 Days) | Pre Entry Standards Apply |
| Sunday 16th | SW Vets Champs | Exeter | Pre entry |
| Wednesday 19th | Devon 10,000 & Mile | Exeter | Pre entry |
| Saturday 22nd & Sunday 23rd | SW Schools Combined Events | Yeovil (2 Days) | By selection |
| Sunday 23rd | UK Lower YDL 2 | Gloucester | U13/U15 |
| Tuesday 25th | Exeter Open & BMC | Exeter | Pre entry BMC only |
| **Sunday 30th** | **NDAC Young Athletics Meeting** | **Braunton** | **U10 to U15 inclusive** |

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| **JULY** |  |  |  |
| Sunday 7th | SWAL 2 | Exeter | Composite Teams |
| Friday 12th Sat 13th | ESSA Champs | Birmingham | By selection |
| Sunday 14th | Devon open | Tavistock | Entry on day |
| Saturday 20th | UK Lower YDL | Swindon | Promotion Match |
| Sunday 21st | SW inter counties | Exeter | Need to achieve standards |
| Tuesday 30th | Exeter Open & BMC | Exeter | Pre entry BMC only |
| **AUGUST** |  |  |  |
| Sunday 4th | SWAL 3 | Exeter | U13 upwards |
| **Sunday 11th** | **Devon open** | **Braunton** | **Entry on day** |
| Saturday 24th | Par Open Jumps/Sprints/Miles/Relays | Par | Pre entry |
| Tuesday 27th | Exeter Open & BMC | Exeter | Pre entry BMC only |
| Saturday 31st/Sun 1st September | England U15/U17 Champs | Bedford | Pre Entry Standards Apply |
|  |  |  |  |
| **SEPTEMBER** |  |  |  |
| Sunday 1st | SWAL 4 | Exeter | U13 upwards |
| Sunday 8th | Duchy Minors | Carne Brae | Pre entry |
| Sunday 8th | Yeovil Olympiad Games | Yeovil | Pre entry |
| Sunday 8th | Autumn Open | Bournemouth | Pre entry |
| Sunday 15th | Last Ditch Throws | Par | Pre entry |
| Saturday 21st | ESSA Combined Events | Exeter | By Selection |
| Sunday 22nd | ESSA Combined Events | Exeter | By Selection |
| Tuesday 24th | Exeter Open | Exeter | On the night entries |

ALL EXETER EVENING OPENS ARE ENTRY ON THE NIGHT