

## Spring Warm Up - Plymouth - 2nd April 2023

### Track Results

#### 300m Hurdles

1	612	Poppy	Northcott	City of Plymouth AC	U17W	45.99
2	521	Lauren	Carr	South Devon AC	U17W	49.89

#### 400m Hurdles SW

1	655	Hanna	Ulvede	Newton Abbot AC	U20W	1:04.67
2	553	Kate	Gray	City of Plymouth AC	U20W	1:16.96

#### 400m Hurdles SM

1	541	Thomas	Fillingham	Torbay AAC	SM	1:13.10
2	677	Teddy	Nutbeam-Hughes	Plymouth University	SM	1:22.87

#### 3000m

1	672	Zacharaih	Cohen	Plymouth University	SM	8:50.72
2	671	Devin	Coombes	Exeter University AC	SM	8:51.82
3	619	Paige	Quinn	Torbay AAC	U15G	10:02.86
4	660	Ewan	Walton	Newton Abbot AC	M40	10:42.68
5	627	Daniel	Salmon	City of Plymouth AC	U15B	10:57.51
6	606	Myiesha	Newcombe	North Devon AC	U15G	11:08.93
7	532	Mike	Crawford	City of Plymouth AC	M45	11:14.17
8	511	Freddie	Blight	City of Plymouth AC	U15B	11:27.14
9	555	Liam	Hallows	Cardiff University AC	SM	11:34.58
10	601	Isla	Mullin	Newquay & Par	U15G	12:53.33

#### 100m Race 1

			+0.0 (Manual)	M/S		
1	675	Isla	Perry	South Devon AC	U13G	14.17
2	589	Annalise	Little	Torbay AAC	U13G	15.52
3	621	Olivia	Robilliard	Cornwall AC	U13G	15.52
4	643	Eleanor	Strawbridge	North Devon AC	U13G	15.63
5	544	Peyton	Fuller	City of Plymouth AC	U13G	16.27
6	678	Fallon	Wright	Torbay AC	U13G	17.16

#### 100m Race 2

			+0.0 (Manual)	M/S		
1	527	Erin	Cockle	Tavistock AC	U13G	14.26
2	550	Elsie	Goodspeed	City of Plymouth AC	U13G	14.99
3	557	Lamara-Maria	Hammoudeh	City of Plymouth AC	U13G	15.14
4	666	Sadie	Whitehouse	Cornwall AC	U13G	15.68
5	576	Jazz	Jackman	City of Plymouth AC	U13G	15.76
6	542	Isla	Foley	South Devon AC	U13G	17.09

#### 100m Race 3

			-1.0 (Manual)	M/S		
1	596	Harrison	McConnell	Exeter Harriers	U13B	15.04
2	638	Hayden	Smyth	South Devon AC	U13B	15.29
3	674	Jay	Stubbs	Erme Valley Harriers	U13B	17.32
4	528	Rocco	Conyers		U13B	17.59
5	563	Topias	Henry	Newton Abbot AC	U13B	17.68

100m Race 4			+0.0 (Manual)	M/S		
1	683	Akein	Nanayakkara	Exeter Harriers	U13B	14.82
2	531	Harrison	Crawford	City of Plymouth AC	U13B	14.96
100m Race 5			-3.0 (Manual)	M/S		
1	570	Sophia	Ingham	Exeter Harriers	U15G	13.77
2	664	Millie	Westwood	City of Plymouth AC	U15G	14.26
3	560	Mollie	Hawken-Gray	City of Plymouth AC	U15G	14.58
4	673	Madison	Stubbs	Erme Valley Harriers	U13G	15.31
100m Race 6			-1.9 (Manual)	M/S		
1	590	Keeley	Little	Torbay AAC	U15G	12.83
2	650	Zola	Taylor	Exeter Harriers	U15G	14.14
3	519	Zoe	Capel	Exeter Harriers	U15G	14.34
100m Race 7			-2.0 (Manual)	M/S		
1	640	Sam	Stevens	Exeter Harriers	U15B	12.60
2	558	Omar	Hammoudeh	City of Plymouth AC	U15B	14.07
3	502	Rowan	Alexander-Kemp	South Devon AC	U15B	15.19
100m Race 8			-1.9 (Manual)	M/S		
1	585	Evie-Rose	Lacey	City of Plymouth AC	U17W	13.98
2	617	Grace	Povey	South Devon AC	U17W	14.14
3	514	Madeleine	Brugge	South Devon AC	U17W	14.30
4	554	Tara	Green	City of Plymouth AC	U17W	14.44
5	520	Hannah	Carr	South Devon AC	U17W	14.77
100m Race 9			+0.0 (Manual)	M/S		
1	608	Joss	Nicholls	City of Plymouth AC	U17M	11.79
2	649	Joshua	Taylor	Torbay AAC	U17M	11.88
3	635	Aaron	Smith	Torbay AAC	U17M	12.29
4	548	Matthew	Gilbert	City of Plymouth AC	U17M	12.91
100m Race 10			-1.7 (Manual)	M/S		
1	646	Seth	Taopo	Tavistock AC	U17M	12.85
2	667	Jack	Williams	Exeter Harriers	U17M	12.95
3	665	George	White	City of Plymouth AC	U17M	13.03
100m Race 11			-2.8 (Manual)	M/S		
1	561	Olivia	Hayes	Torbay AAC	U17W	12.92
2	584	Kinga	Kudzia	City of Plymouth AC	U20W	12.97
3	510	Isobel	Billau	Cornwall AC	SW	13.68
4	662	Aimee	Welsh	Exeter University AC	SW	14.23
5	525	Amelie	Clarke	North Devon AC	U20W	14.30
6	652	Becky	Trevena	Cornwall AC	SW	14.33
100m Race 12			-2.7 (Manual)	M/S		
1	594	Connell	McCarthy	City of Plymouth AC	U20M	11.64
2	501	Brook	Adnitt	City of Plymouth AC	SM	11.98
3	529	Neill	Cookson	Vegan Runners	M55	12.01

4	513	Rhys	Bowery	Newquay and Par	U20M	12.07
5	504	Charles	Asante Amoabeng	City of Plymouth AC	SM	12.25
100m Race 13			-2.1 (Manual)	M/S		
1	574	Andreas	Isaias	City of Plymouth AC	U20M	12.19
2	680	Stephen	Jarvis	Newquay & Par	M45	13.02
3	676	Richard	Perry	South Devon AC	SM	15.87
75m Race 1			-2.9 (Manual)	M/S		
1	609	Leonora	Noonan	South Devon AC	U11G	12.11
2	686	Tilly	Day	City of Plymouth AC	U11G	13.10
3	687	Oceana	Tolfree	Erme Valley Harriers	U11G	13.39
4	573	Shara	Ingleby	City of Plymouth AC	U11G	14.16
5	567	Harriet	Hood	Cornwall Athletics Academy	U11G	15.43
75m Race 2			-3.1 (Manual)	M/S		
1	681	Betsy	Cranch	Exeter Harriers	U11G	13.04
2	556	Laila-Sahara	Hammoudeh	City of Plymouth AC	U11G	13.72
3	551	Margot	Goodspeed	City of Plymouth AC	U11G	13.89
4	633	Rubi	Shillabeer	Newton Abbot AC	U11G	16.15
75m Race 3			-3.6 (Manual)	M/S		
1	569	Henry	Howard	Cornwall Athletics Academy	U11B	12.16
2	509	Oliver	Bidewell	City of Plymouth AC	U11B	12.32
3	516	Hero	Bury	Newton Abbot AC	U11B	12.41
4	615	Fynn	Perry	Torbay AAC	U11B	12.53
5	543	Alfie	Forster	City of Plymouth AC	U11B	13.88
6	685	Isaac	Lyons	Erme Valley Harriers	U11B	14.66
800m Race 1						
1	607	Dan	Newman	City of Plymouth AC	SM	2:01.99
2	625	Joshua	Rowe	Hayle	SM	2:07.85
3	622	Jacob	Robinson	City of Plymouth AC	U17M	2:12.54
4	503	Simon	Anderson	City of Plymouth AC	M55	2:23.98
5	578	Madeleine	Jones	City of Plymouth AC	U17W	2:29.99
6	620	Ella	Richards	Newton Abbot AC	U15G	2:36.91
800m Race 2						
1	572	Jaime	Ingleby	City of Plymouth AC	M40	2:24.19
2	507	Finley	Bennett	City of Plymouth AC	U15B	2:24.99
3	532	Mike	Crawford	City of Plymouth AC	M45	2:29.88
4	581	Stanley	Kingdom	City of Plymouth AC	U15B	2:39.43
5	676	Richard	Perry	South Devon AC	M45	2:39.91
6	580	Jerry	Kevern	City of Plymouth AC	M50	2:42.42
600m						
1	506	Isla	Bater	North Devon AC	U13G	1:47.61
2	589	Annalise	Little	Torbay AAC	U13G	1:59.78
3	576	Jazz	Jackman	City of Plymouth AC	U13G	2:02.91
4	559	Emily	Harvey	Cornwall AC	U13G	2:03.49

5	643	Eleanor	Strawbridge	North Devon AC	U13G	2:04.99
6	630	Molly	Searle	City of Plymouth AC	U13G	2:06.94
7	528	Rocco	Conyers		U13B	2:07.33
8	686	Tilly	Day	City of Plymouth AC	U11G	2:12.28
9	505	Edie	Bater	North Devon AC	U11G	2:12.69
10	605	Harriet	Netherway	North Devon AC	U11G	2:13.75
11	551	Margot	Goodspeed	City of Plymouth AC	U11G	2:15.52
12	626	Bo	Salmon	Cornwall AC	U13G	2:18.61
13	610	Freya	Norris	Erme Valley Harriers	U11G	2:20.85
14	588	Harper	Linney-Goodall	City of Plymouth AC	U11G	2:21.41
15	543	Alfie	Forster	City of Plymouth AC	U11B	2:22.86
16	573	Shara	Ingleby	City of Plymouth AC	U11G	2:24.27
70m Hurdles U11 Race 1				-2.6 (Manual)	M/S	
1	687	Oceana	Tolfree	Erme Valley Harriers	U11G	16.18
2	605	Harriet	Netherway	North Devon AC	U11G	16.42
3	685	Isaac	Lyons	Erme Valley Harriers	U11B	18.80
70m Hurdles U13G Race 1				-1.3 (Manual)	M/S	
1	675	Isla	Perry	South Devon AC	U13G	12.91
2	656	Evie	Underwood	City of Plymouth AC	U13G	15.60
3	666	Sadie	Whitehouse	Cornwall AC	U13G	16.26
70m Hurdles U13G Race 2				-3.3 (Manual)	M/S	
1	508	Darcie	Benson	Torbay AAC	U13G	13.37
2	576	Jazz	Jackman	City of Plymouth AC	U13G	15.98
3	684	Amelia	Lyons	Erme Valley Harriers	U13G	17.01
70m Hurdles U13G Race 3				-3.7 (Manual)	M/S	
1	621	Olivia	Robilliard	Cornwall AC	U13G	15.20
2	678	Fallon	Wright	Torbay AAC	U13G	16.71
3	544	Peyton	Fuller	City of Plymouth AC	U13G	16.94
75m Hurdles Race 1				-3.3 (Manual)	M/S	
1	531	Harrison	Crawford	City of Plymouth AC	U13B	16.12
2	596	Harrison	McConnell	Exeter Harriers	U13B	16.29
3	632	Luca	Shillabeer	Newton Abbot AC	U13B	17.85
75m Hurdles Race 2				-2.0 (Manual)	M/S	
1	537	Leonie	Dyer	City of Plymouth AC	U15G	12.68
2	512	Lauren	Booker	Newton Abbot AC	U15G	13.17
3	641	Libby	Straight	Cornwall AC	U15G	16.39
80m Hurdles				-2.3 (Manual)	M/S	
1	521	Lauren	Carr	South Devon AC	U17W	12.67
2	604	Oscar	Mytton	South Devon AC	U15B	16.15
100m Hurdles				-2.5 (Manual)	M/S	
1	649	Joshua	Taylor	Torbay AAC	U17M	13.73
2	669	Toby	Wright	Taunton AC	U17M	14.29

300m Race 1

1	535	Charlotte	Doney	Tavistock AC	U15G	46.98
2	664	Millie	Westwood	City of Plymouth AC	U15G	47.64
3	668	Lyra	Woollam-Dalling	North Devon AC	U15G	47.68
4	536	Isabelle	Doney	Tavistock AC	U15G	49.15
5	560	Mollie	Hawken-Gray	City of Plymouth AC	U15G	49.59

300m Race 2

1	640	Sam	Stevens	Exeter Harriers	U15B	39.94
2	624	Evie	Rowe	Exeter Harriers	U17W	47.18

400m Race 1

1	611	Gregor	Norster	City of Plymouth AC	U20M	51.45
2	501	Brook	Adnitt	City of Plymouth AC	SM	52.23
3	577	Rory	Jarvis	Newquay and Par	SM	52.65
4	513	Rhys	Bowery	Newquay and Par	U20M	52.89
5	628	Cameron	Salter	Exeter University AC	SM	53.85

400m Race 2

1	661	Thomas	Ward	Torbay AAC	U17M	54.40
2	541	Thomas	Fillingham	Torbay AAC	SM	1:00.98
3	510	Isobel	Billau	Cornwall AC	SW	1:02.93

1500m Race 1

1	549	Theo	Glew	Torbay AAC	U15B	4:34.33
2	637	Stanley	Smith	North Devon AC	U15B	4:44.96
3	550	Elsie	Goodspeed	City of Plymouth AC	U13G	5:21.11
4	583	Marlow	Kirby	Torbay AAC	U13B	5:24.25
5	690	Anya	Mcaulay	Tavistock AC	U15G	5:31.33
6	526	Charlie	Cleland	Tavistock AC	U13B	5:51.81

1500m Race 2

1	625	Joshua	Rowe	Hayle	SM	4:15.71
2	691	Matthew	Bradley	City of Plymouth	SM	4:24.10
3	515	Cameron	Bryson	University of York	U20M	4:30.78
4	540	Edward	Falkingham	Torbay AAC	SM	4:36.84
5	639	Finley	Squires	City of Plymouth AC	U17M	4:55.17
6	503	Simon	Anderson	City of Plymouth AC	M55	4:56.71
7	529	Neill	Cookson	Vegan Runners	M55	5:01.25

150m Race 1

			+0.0 (Manual)	M/S		
1	609	Leonora	Noonan	South Devon AC	U11G	24.72
2	681	Daisy	Cranch	Exeter Harriers	U11G	26.05
3	686	Tilly	Day	City of Plymouth AC	U11G	26.31
4	687	Oceana	Tolfree	Erme Valley Harriers	U11G	26.32
5	605	Harriet	Netherway	North Devon AC	U11G	26.68

150m Race 2

			-1.1 (Manual)	M/S		
1	506	Isla	Bater	North Devon AC	U13G	22.16

2	557	Lamara-Maria	Hammoudeh	City of Plymouth AC	U13G	23.01
3	559	Emily	Harvey	Cornwall AC	U13G	23.35
4	656	Evie	Underwood	City of Plymouth AC	U13G	23.92
5	630	Molly	Searle	City of Plymouth AC	U13G	25.04
6	684	Amelia	Lyons	Erme Valley Harriers	U13G	25.21
150m Race 3			-2.9 (Manual)	M/S		
1	683	Akein	Nanayakkara	Exeter Harriers	U13B	22.86
2	531	Harrison	Crawford	City of Plymouth AC	U13B	23.50
3	508	Darcie	Benson	Torbay AAC	U13G	23.56
4	638	Hayden	Smyth	South Devon AC	U13B	24.13
5	516	Hero	Bury	Newton Abbot AC	U11B	24.77
6	615	Fynn	Perry	Torbay AAC	U11B	25.16
150m Race 4			-3.3 (Manual)	M/S		
1	509	Oliver	Bidewell	City of Plymouth AC	U11B	24.99
2	562	Matias	Henry	Newton Abbot AC	U11B	26.87
3	543	Alfie	Forster	City of Plymouth AC	U11B	29.02
4	685	Isaac	Lyons	Erme Valley Harriers	U11B	29.96
200m Race 1			-1.4 (Manual)	M/S		
1	590	Keeley	Little	Torbay AAC	U15G	26.90
2	535	Charlotte	Doney	Tavistock AC	U15G	28.34
3	664	Millie	Westwood	City of Plymouth AC	U15G	29.25
4	512	Lauren	Booker	Newton Abbot AC	U15G	29.64
5	536	Isabelle	Doney	Tavistock AC	U15G	29.87
200m Race 2			-1.6 (Manual)	M/S		
1	538	Cara	Ellis	Cornwall AC	U17W	27.25
2	585	Evie-Rose	Lacey	City of Plymouth AC	U17W	29.05
3	554	Tara	Green	City of Plymouth AC	U17W	29.27
4	522	Amelie	Cartwright	Cornwall AC	U17W	29.89
5	582	Libby	Kirby	Erme Valley Harriers	U17W	32.14
200m Race 3			-1.5 (Manual)	M/S		
1	608	Joss	Nicholls	City of Plymouth AC	U17M	24.47
2	661	Thomas	Ward	Torbay AAC	U17M	24.73
3	635	Aaron	Smith	Torbay AAC	U17M	25.11
4	548	Matthew	Gilbert	City of Plymouth AC	U17M	26.73
5	689	Michael	Nhlane	City of Plymouth AC	U17M	27.16
200m Race 4			-3.5 (Manual)	M/S		
1	667	Jack	Williams	Exeter Harriers	U17M	25.87
2	593	Ethan	Mason	City of Plymouth AC	U17M	26.19
3	680	Stephen	Jarvis	Newquay & Par	M45	27.00
4	665	George	White	City of Plymouth AC	U17M	27.01
200m Race 5			-2.0 (Manual)	M/S		
1	646	Seth	Taopo	Tavistock AC	U17M	26.47
2	549	Theo	Glew	Torbay AAC	U15B	28.85

3	581	Stanley	Kingdom	City of Plymouth AC	U15B	30.27
200m Race 6			-2.0 (Manual)	M/S		
1	561	Olivia	Hayes	Torbay AAC	U17W	26.73
2	510	Isobel	Billau	Cornwall AC	SW	27.66
3	652	Becky	Trevena	Cornwall AC	SW	29.03
4	514	Madeleine	Brugge	South Devon AC	U17W	29.22
5	617	Grace	Povey	South Devon AC	U17W	29.24
6	520	Hannah	Carr	South Devon AC	U17W	30.75
200m Race 7			-2.2 (Manual)	M/S		
1	594	Connell	McCarthy	City of Plymouth AC	U20M	23.22
2	513	Rhys	Bowery	Newquay and Par	U20M	24.05
3	501	Brook	Adnitt	City of Plymouth AC	SM	24.07
4	574	Andreas	Isaias	City of Plymouth AC	U20M	24.12
5	577	Rory	Jarvis	Newquay and par	SM	24.41
1500m SChase						
1	653	Isabella	Trowell	Erme Valley Harriers	U15G	5:59.76
4x100m Relay						
1				Male Mix		51.48
2				Female Mix		57.84

### Spring Warm Up - Plymouth - 2nd April 2023

#### Field Results

#### Discus

Num	Name	Surname	Club	Age Group	Distance	Weight
535	Charlotte	Doney	Tavistock AC	U15G	23.62	
536	Isabelle	Doney	Tavistock AC	U15G	18.05	
539	Nubia	Evans-Shields	City of Plymouth AC	U17W	41.86	
614	Ella	Patterson	Tavistock AC	U17W	22.36	
530	Samira	Cox	City of Plymouth AC	SW	24.34	
534	Zoe	Crutchley	City of Plymouth AC	SW	17.38	
670	Fabio	Zamparelli F20	Cornwall AC	SM	38.34	
586	Vince	Langdon	South Devon AC	M55	22.27	1.5kg

#### High Jump

Num	Name	Surname	Club	Age Group	Height
591	Arsenii	Malakhov	Exeter Harriers	U17M	1.75
545	Ruben	Ganfield	Tavistock AC	U17M	1.55
514	Madeleine	Brugge	South Devon AC	U17W	1.40
522	Amelie	Cartwright	Cornwall AC	U17W	1.40
599	Katelyn	Milburn	Tavistock AC	U17W	1.30

575	Ella	Isaias	City of Plymouth AC	U20W	1.60
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### Long Jump

Num	Name	Surname	Club	Age Group	Distance
516	Hero	Bury	Newton Abbot AC	U11B	3.50
569	Henry	Howard	Cornwall Athletics Academy	U11B	3.30
562	Matias	Henry	Newton Abbot AC	U11B	2.71
609	Leonora	Noonan	South Devon AC	U11G	2.66
551	Margot	Goodspeed	City of Plymouth AC	U11G	2.62
610	Freya	Norris	Erme Valley Harriers	U11G	2.51
588	Harper	Linney-Goodall	City of Plymouth AC	U11G	2.38
682	Frankie	Scoble	Erme Valley Harriers	U11G	2.35
567	Harriet	Hood	Cornwall Athletics Academy	U11G	2.32
681	Betsy	Cranch	Exeter Harriers	U11G	2.24
573	Shara	Ingleby	City of Plymouth AC	U11G	2.23
556	Laila-Sahara	Hammoudeh	City of Plymouth AC	U11G	2.15
633	Rubi	Shillabeer	Newton Abbot AC	U11G	1.90

### Long Jump

Num	Name	Surname	Club	Age Group	Distance
675	Isla	Perry	South Devon AC	U13G	4.08
527	Erin	Cockle	Tavistock AC	U13G	3.64
508	Darcie	Benson	Torbay AAC	U13G	3.60
557	Lamara-Maria	Hammoudeh	City of Plymouth AC	U13G	3.47
589	Annalise	Little	Torbay AAC	U13G	3.46
621	Olivia	Robilliard	Cornwall AC	U13G	3.44
559	Emily	Harvey	Cornwall AC	U13G	3.37
658	Mischa	Vague	Cornwall AC	U13G	3.32
550	Elsie	Goodspeed	City of Plymouth AC	U13G	3.28
542	Isla	Foley	South Devon AC	U13G	3.12
544	Peyton	Fuller	City of Plymouth AC	U13G	3.06
643	Eleanor	Strawbridge	North Devon AC	U13G	2.99
626	Bo	Salmon	Cornwall AC	U13G	2.89
678	Fallon	Wright	Torbay AAC	U13G	2.87
632	Luca	Shillabeer	Newton Abbot AC	U13B	3.29
526	Charlie	Cleland	Tavistock AC	U13B	3.18
563	Topias	Henry	Newton Abbot AC	U13B	2.75

### Long Jump

Num	Name	Surname	Club	Age Group	Distance
627	Daniel	Salmon	City of Plymouth AC	U15B	4.09
502	Rowan	Alexander-Kemp	South Devon AC	U15B	4.09
558	Omar	Hammoudeh	City of Plymouth AC	U15B	3.41
613	Elodie	Partington-Nash	Cornwall AC	U15G	4.88
512	Lauren	Booker	Newton Abbot AC	U15G	4.56
519	Zoe	Capel	Exeter Harriers	U15G	4.14
570	Sophia	Ingham	Exeter Harriers	U15G	4.07



650	Zola	Taylor	Exeter Harriers	U15G	4.00
623	Heather	Rostant	Cornwall AC	U15G	3.98
601	Isla	Mullin	City of Plymouth AC	U11G	3.35
537	Leonie	Dyer	City of Plymouth AC	U15G	NM

#### Pole Vault

Num	Name	Surname	Club	Age Group	Height
579	Noah	Jones	City of Plymouth AC	U20M	3.60

#### Shot Putt

Num	Name	Surname	Club	Age Group	Distance
641	Libby	Straight	Cornwall AC	U15G	8.31
668	Lyra	Woollam-Dalling	North Devon AC	U15G	7.07
560	Mollie	Hawken-Gray	City of Plymouth AC	U15G	5.59
600	Phoebe	Milburn	Tavistock AC	U17W	10.17
614	Ella	Patterson	Tavistock AC	U17W	8.49
538	Cara	Ellis	Cornwall AC	U17W	7.98
617	Grace	Povey	South Devon AC	U17W	7.40
520	Hannah	Carr	South Devon AC	U17W	6.13

#### Long Jump

Num	Name	Surname	Club	Age Group	Distance
585	Evie-Rose	Lacey	City of Plymouth AC	U17W	4.34
522	Amelie	Cartwright	Cornwall AC	U17W	4.30
518	Charlotte	Campion	Exeter University AC	SW	5.27
669	Toby	Wright	Taunton AC	U17M	6.49
545	Ruben	Ganfield	Tavistock AC	U17M	5.19
504	Charles	Asante Amoabeng	City of Plymouth AC	SM	5.92

#### Hammer

Num	Name	Surname	Club	Age Group	Distance
600	Phoebe	Milburn	Tavistock AC	U17W	49.16
614	Ella	Patterson	Tavistock AC	U17W	41.55
599	Katelyn	Milburn	Tavistock AC	U17W	25.62
547	Hannah	Gellatly	City of Plymouth AC	SW	47.78
631	Isabella	Shepherd	Bournemouth AC	SW	40.11
659	Hannah	Walker	Tavistock AC	U20W	30.50
534	Zoe	Crutchley	City of Plymouth AC	SW	29.95
688	Chloe	Edwards	City of Plymouth AC	SW	29.37

#### Vortex

Num	Name	Surname	Club	Age Group	Distance
509	Oliver	Bidewell	City of Plymouth AC	U11B	27.25
615	Fynn	Perry	Torbay AAC	U11B	18.29

610	Freya	Norris	Erme Valley Harriers	U11G	13.07
633	Rubi	Shillabeer	Newton Abbot AC	U11G	10.15
567	Harriet	Hood	Cornwall Athletics Academy	U11G	7.85

### High Jump

Num	Name	Surname	Club	Age Group	Height
656	Evie	Underwood	City of Plymouth AC	U13G	1.20
658	Mischa	Vague	Cornwall AC	U13G	1.15
666	Sadie	Whitehouse	Cornwall AC	U13G	1.10
638	Hayden	Smyth	South Devon AC	U13B	1.35
632	Luca	Shillabeer	Newton Abbot AC	U13B	1.15
668	Lyra	Woollam-Dalling	North Devon AC	U15G	1.30
537	Leonie	Dyer	City of Plymouth AC	U15G	1.30
502	Rowan	Alexander-Kemp	South Devon AC	U15B	1.35
581	Stanley	Kingdom	City of Plymouth AC	U15B	1.20

### Javelin

Num	Name	Surname	Club	Age Group	Distance
653	Isabella	Trowell	Erme Valley Harriers	U15G	24.82
641	Libby	Straight	Cornwall AC	U15G	17.44
570	Sophia	Ingham	Exeter Harriers	U15G	15.15
604	Oscar	Mytton	South Devon AC	U15B	26.72
526	Charlie	Cleland	Tavistock AC	U13B	13.56
563	Topias	Henry	Newton Abbot AC	U13B	7.60

### Shot

Num	Name	Surname	Club	Age Group	Distance	Weight
688	Chloe	Edwards	City of Plymouth AC	SW	10.88	
530	Samira	Cox	City of Plymouth AC	SW	7.91	
534	Zoe	Crutchley	City of Plymouth AC	SW	4.95	
604	Oscar	Mytton	South Devon AC	U15B	6.11	
593	Ethan	Mason	City of Plymouth AC	U17M	8.81	
689	Michael	Nhlane	City of Plymouth AC	U17M	6.97	
670	Fabio	Zamparelli F20	Cornwall AC	SM	13.31	
586	Vince	Langdon	South Devon AC	M55	8.20	6kg

### Triple Jump

Num	Name	Surname	Club	Age Group	Distance
653	Isabella	Trowell	Erme Valley Harriers	U15G	9.40
599	Katelyn	Milburn	Tavistock AC	U17W	9.57
640	Sam	Stevens	Exeter Harriers	U15B	10.53

592	Sophia	Martin	Exeter University AC	SW	9.96
504	Charles	Asante Amoabeng	City of Plymouth AC	SM	11.26

### Javelin

Num	Name	Surname	Club	Age Group	Distance	Weight
654	Maddie	Turley	City of Plymouth AC	U17W	25.48	
510	Isobel	Billau	Cornwall AC	SW	25.75	
530	Samira	Cox	City of Plymouth AC	SW	20.38	
534	Zoe	Crutchley	City of Plymouth AC	SW	10.92	
669	Toby	Wright	Taunton AC	U17M	35.72	
593	Ethan	Mason	City of Plymouth AC	U17M	23.18	
618	Ben	Prout	City of Plymouth AC	M60	35.55	600g
586	Vince	Langdon	South Devon AC	M55	22.25	700g