**NORTH DEVON ATHLETIC CLUB - YOUNG ATHLETES MEETING**

**SUNDAY 29th APRIL 2018**

|  |  |  |  |  |
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| **Age Grp** | **Event** | **Relays** | **Girls** | **Boys** |
| Under 10 Y4 | 75m | 150m | 600m |  ------ | Long Jump |  ------ |  ------ |  ------ | Shot | vortex | 5 \* 80 mts Across both age groups | 50m Hurdles | 50m Hurdles |
| Under 11 Y5 | 75m | 150m | 600m |  ------ | Long Jump |  ------ |  ------ |  ------ | Shot | vortex | 50m Hurdles | 50m Hurdles |
| Under 12 Y6 | 100m | 200m | 800m | 1500m | Long Jump | High Jump |  ------ |  ------ | Shot | Javelin | 4 \* 100 mts Across both age groups | 70m Hurdles | 75m Hurdles |
| Under 13 Y7 | 100m | 200m | 800m | 1500m | Long Jump | High Jump |  ------ |  ------ | Shot | Javelin | 70m Hurdles | 75m Hurdles |
| Under 14 Y8 | 100m | 300m | 800m | 1500m | Long Jump | High Jump | Triple Jump | Discus | Shot | Javelin | 4 \* 100 mts Across both age groups | 75m Hurdles | 80m Hurdles |
| Under 15 Y9 | 100m | 300m | 800m | 1500m | Long Jump | High Jump | Triple Jump | Discus | Shot | Javelin | 75m Hurdles | 80m Hurdles |
| **EVENTS ARE FOR BOTH GIRLS & BOYS UNLESS STATED****PLEASE NOTE THAT YOU MAY ONLY RUN IN ONE LONG DISTANCE RACE, EITHER 800m OR 1500m.****RELAY TEAMS ARE TO BE MADE UP FROM ACROSS TWO AGE GROUPS AND CAN BE A MIXTURE OF ATHLETES FROM DIFFERENT CLUBS / SCHOOLS ASSEMBLED ON THE DAY.** |
|  **Name:-** | **Club / School:-** | **D.O.B:-** |
| **Contact number Home SEX m/f****Mobile** | **Age Grp** |
|  |
| **Email Address** |
| **EVENT 1:** |  |
| **EVENT 2:** |  |
| **EVENT 3:** |  |
| **AGE GROUPS ARE CALCULATED ON 31ST AUGUST 2018****MINIMUM AGE 8 ON THE DAY****Entry Fee £10.00, for the day (max 3 events plus a relay) includes commemorative programme on the day.****Cheques to be made payable to:- North Devon A.C.**There will be photographs taken during this event please advise us in writing in advance if you do not want your child in these pictures.**Entries by post to:-****Emma Dewberry****11 East Park Road****Whiddon Valley, Barnstaple****Devon EX32 8PL** **Tel 07873 148518****CLOSING DATE FOR ENTRIES IS 22nd APRIL 2018****MEDALS FOR THE FIRST THREE IN EACH EVENT****VISIT our Web at www.northdevonac.org** |