**NORTH DEVON ATHLETIC CLUB - YOUNG ATHLETES MEETING**

**SUNDAY 29th APRIL 2018**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Age Grp** | **Event** | | | | | | | | | | **Relays** | **Girls** | **Boys** |
| Under 10 Y4 | 75m | 150m | 600m | ------ | Long Jump | ------ | ------ | ------ | Shot | vortex | 5 \* 80 mts  Across both age groups | 50m Hurdles | 50m Hurdles |
| Under 11 Y5 | 75m | 150m | 600m | ------ | Long Jump | ------ | ------ | ------ | Shot | vortex | 50m Hurdles | 50m Hurdles |
| Under 12 Y6 | 100m | 200m | 800m | 1500m | Long Jump | High Jump | ------ | ------ | Shot | Javelin | 4 \* 100 mts  Across both age groups | 70m Hurdles | 75m Hurdles |
| Under 13 Y7 | 100m | 200m | 800m | 1500m | Long Jump | High Jump | ------ | ------ | Shot | Javelin | 70m Hurdles | 75m Hurdles |
| Under 14 Y8 | 100m | 300m | 800m | 1500m | Long Jump | High Jump | Triple  Jump | Discus | Shot | Javelin | 4 \* 100 mts  Across both age groups | 75m Hurdles | 80m Hurdles |
| Under 15 Y9 | 100m | 300m | 800m | 1500m | Long Jump | High Jump | Triple  Jump | Discus | Shot | Javelin | 75m Hurdles | 80m Hurdles |
| **EVENTS ARE FOR BOTH GIRLS & BOYS UNLESS STATED**  **PLEASE NOTE THAT YOU MAY ONLY RUN IN ONE LONG DISTANCE RACE, EITHER 800m OR 1500m.**  **RELAY TEAMS ARE TO BE MADE UP FROM ACROSS TWO AGE GROUPS AND CAN BE A MIXTURE OF ATHLETES FROM DIFFERENT CLUBS / SCHOOLS ASSEMBLED ON THE DAY.** | | | | | | | | | | | | | |
| **Name:-** | | | | **Club / School:-** | | | | | | | **D.O.B:-** | | |
| **Contact number Home SEX m/f**  **Mobile** | | | | | | | | | | | | | **Age Grp** |
|  |
| **Email Address** | | | | | | | | | | | | | |
| **EVENT 1:** | |  | | | | | | | | | | | |
| **EVENT 2:** | |  | | | | | | | | | | | |
| **EVENT 3:** | |  | | | | | | | | | | | |
| **AGE GROUPS ARE CALCULATED ON 31ST AUGUST 2018**  **MINIMUM AGE 8 ON THE DAY**  **Entry Fee £10.00, for the day (max 3 events plus a relay) includes commemorative programme on the day.**  **Cheques to be made payable to:- North Devon A.C.**  There will be photographs taken during this event please advise us in writing in advance if you do not want your child in these pictures.  **Entries by post to:-**  **Emma Dewberry**  **11 East Park Road**  **Whiddon Valley, Barnstaple**  **Devon EX32 8PL**  **Tel 07873 148518**  **CLOSING DATE FOR ENTRIES IS 22nd APRIL 2018**  **MEDALS FOR THE FIRST THREE IN EACH EVENT**  **VISIT our Web at www.northdevonac.org** | | | | | | | | | | | | | |